

Sweet and Spicy Mustard Dressing

Makes 1-2 servings
0 protein
0 fat
5 calories

Ingredients

- 2 tablespoon **Homemade Mustard** recipe
- 2 tablespoons apple cider vinegar
- 2 tablespoons lemon juice
- 1 tablespoon Bragg's liquid aminos
- Pinch of turmeric
- 1 clove garlic, finely minced
- 1 tablespoon onion, minced
- Stevia to taste
- Water to desired consistency

Directions

1. Dissolve spices in liquid ingredients.
2. Mix thoroughly and heat slightly in a saucepan.
3. Add a little water or extra vinegar to create desired consistency.

